

Gear List for Totara Springs Camp 2024



Most of the camp programmes and activities run rain or shine. Therefore, individuals need to be prepared so that their clothing can handle any weather.

The following is a suggested gear list. You should have all of these items, so try to borrow from friends and family if you do not own them. We ask that **all gear** is clearly named (including socks, underwear and towels etc.)

Lunch

- Packed lunch for the first day.

Bedding

- Large bag or suitcase (to keep everything in).
- Day pack. (school bag is fine)
- Sleeping bag.
- Bottom sheet (optional, but recommended)
- Blanket (in case it turns cold at night).
- Pillow & pillow case.

The following items not allowed are:

- Radios/stereos/speakers etc.
- Food of any kind
- Electronic games.
- Pocket knives/weapons
- Cell phones/smart watches
- Aerosol products (hairspray, deodorant etc)
- Make-up or jewellery
- Money

Clothing:

- Pyjamas
- Warm jersey or bush shirt (woollen or fleece).
- Sweatshirt.
- T-shirts (enough for each day) + 1 or 2 spare
- Shorts (enough for each day) + 1 or 2 spare
- Trousers/leggings (enough for each day) + 1 or 2 spare
- Underwear - (enough for each day) + 1 or 2 spare
- Socks (enough for each day) + 1 or 2 spare
- Waterproof jacket / raincoat preferably with hood.
- Covered shoes (these are **necessary** for activities i.e rock climbing).
- Sandals or Jandals (for walking around the accommodation area).
- Old shoes (that can get wet/muddy).
- Togs and a swimming towel (ideally a one piece for females, not a bikini. If bikini, rash shirt is needed)

Toilet Bag:

- Comb /Toothbrush /Toothpaste.
- Face Cloth / Soap.
- Sunscreen.
- Insect repellent.
- Sanitary Items.
- Deodorant (roll on, not spray).
- Towel for showers.

Other:

- One empty soft drink bottle to construct and launch a rocket. This is VERY important to have**
- Drink Bottle - named clearly.
- Torch and spare batteries.
- Sun hat.
- Book to read in down time / diary to write in
- Plastic bags (for dirty & wet clothes).
- Medication (to be signed in to the teacher prior to leaving on Wednesday morning).
- A sense of adventure.

Medication:

(if any, clearly label with instructions to be handed in the morning of camp to the first aid teacher)